

## Current Community Kitchen Model Assessment

	Healthy Food Preparation	Cooperative Approach	Community Involvement	Economic/Career Development	Nutritional Food Education	Healthy Food Systems	Cultural Bridge	Family Empowerment	TOTAL # of constructs used
1. The Northside Food Project (Minnesota)	X	X	X	X	X	X	X	X	8
2. Fondy Food Center (Wisconsin)	X	X	X		X	X		X	6
3. Frugal Gourmet (Toronto)	X	X		X		X	X		5
4. The Latch-Key Program (Toronto)	X						X	X	3
5. The Farmers Kitchen	X				X	X			3
6. Sustainable Economic Enterprises of LA (SEE-LA)			X	X	X				3
7. Lakeshore Village Neighborhood Association (Toronto)	X	X	X						3
8. Evangel Hall Community Kitchen (Toronto)	X	X	X						3
9. Corvette Family Resource Centre (Toronto)		X	X						2
10. Chicago's Community Kitchen	X			X					2
<b>TOTAL frequency of construct</b>	<b>8</b>	<b>6</b>	<b>6</b>	<b>4</b>	<b>4</b>	<b>4</b>	<b>3</b>	<b>3</b>	

Constructs defined:

- **Health Food Preparation:** This includes shopping for healthy food items and cooking healthy meals.
- **Cooperative Approach:** Resident-owned food cooperative, food purchasing and distribution collaborative.
- **Community Involvement:** Leading to community empowerment and ownership.
- **Economic/Career Development:** Creation of jobs and entrepreneurial opportunities centered on a healthy eating lifestyle.

## Current Community Kitchen Model Assessment

- **Nutritional Food Education:** The improvement of healthy food selection and its benefits and consequences of unhealthy eating.
- **Healthy Food Systems:** Beginning with agriculture and culminating with healthy dining.
- **Cultural Bridge:** Bridging different communities together on the commonality of food.
- **Family Empowerment:** Family members participate in the activity as a unit and strengthen family bonds.

### The Northside Food Project

- The *mission* is to be a catalyst for resident empowerment for social, economic and nutritional improvement in the community.  
The *vision* is to create a vibrant food advocacy organization that puts the residents of North Minneapolis at the center of their food system by educating, engaging and organizing the larger community around the economic, social and nutritional impact of our food choices.
- Outcomes:
  1. Northside Cooperative Development Initiative
  2. Community Supported Agriculture (including Farmer's Markets)
  3. Nutrition education and outreach (in partnership with MNA and others)
  4. Northside Food Summit (a community food conference)
  5. Farm-to-School Programs
  6. Northside Youth Food Movement (in partnership with MASK)
- Supporters:
  1. Community Churches
  2. Farmers Market Annex
  3. City of Minneapolis
  4. Community Food Security Coalition
  5. Project for Public Places
  6. Community Design Group

### Fondy Food Market

- Theory: Food insecurity is a symptom of a broken food distribution system. The Fondy Food Center's response is a holistic "farm to fork" strategy that encompasses growing, harvesting, selling, and cooking nutritious foods.
- Outcomes:
  1. Fondy Farmers Market
  2. Taste the Season is a live cooking demonstration workshop
  3. Girls Chef Academy
- Supporters:
  1. Taste the Season - In 2007 the program will be expanded to a local charitable food pantry, thanks to a grant from the **Project for Public Spaces**.

## Current Community Kitchen Model Assessment

2. The market is one of two markets in Wisconsin to accept Wisconsin QUEST Foodstamp Cards. Fifteen farmers currently accept food stamps using wireless handheld card readers, developed by **VeriFone Corporation** and serviced by **eFunds Corporation**.
3. Local farmers form the backbone of the agency, and the GrowRight Program is designed to strengthen farmer relationships by providing agricultural education and marketing assistance. Market staffers conduct on-farm visits to learn about each farmer's challenges and opportunities.

### Sustainable Economic Enterprises of LA (SEE-LA)

- The mission of Sustainable Economic Enterprises of Los Angeles (SEE-LA) is to promote and engage in self-sustaining community and economic development activities within the city of Los Angeles, including sustainable food systems, social and cultural programs, and economic revitalization projects.
- Outcomes:
  1. Hollywood Farmers' Market (HFM)
  2. Hollywood-Sears Farmers' Market
  3. Certified Farmers' Markets website [www.farmernet.com](http://www.farmernet.com)
  4. Hollywood Farmer's Market Farmer's Kitchen
  5. Central Avenue Farmers' Market
  6. Leimert Park Village Farmers' Market
  7. Atwater Village Farmers' Market
  8. "Bring the Farmer to Your School" Program
  9. EBT/Food Stamp Project

### Chicago's Community Kitchen

- Since its inception in 1998, Chicago's Community Kitchens has been aiding unemployed and underemployed adults in Cook County who have a passion for "life in the kitchen" and a will to achieve entry-level employment in the foodservice industry. Students create nearly 2,000 meals a day that are delivered to Food Depository Kids Cafes, providing nourishing meals to hungry children after school.

**The following five community kitchen profiles were featured under the umbrella of TORONTO COMMUNITY KITCHEN PROFILES and all do not offer specific theory, outcome or supporter information.**

### Frugal Gourmet Community Kitchen

- The kitchen was started over two years ago by Bev Brockest, and WoodGreen Community Centre, St. Michael's Hospital and the YWCA
- Supporters: Toronto Food Policy grant provided the start up funds.

## **Current Community Kitchen Model Assessment**

### **The Latch Key Program**

- The latch-key program is an evolving initiative of the parent-child drop-in at East York/East Toronto Family Resources. An attempt to try a community kitchen model to address the after school needs of local children.
- Supporters: A needs assessment of the area had shown that family income was 27% below the Toronto norm and a seed grant was provided by the Toronto Presbytery

### **Lakeshore Village Neighborhood Association**

- The Lakeshore Village Neighborhood Association is very grass roots, made up of people working together to respond to needs and interests of their neighbors.

### **Evangel Hall Community Kitchen**

- The room is used for many activities at Evangel Hall, including community suppers and snacks for drop-in street people, a food pantry, sewing, quilting and craft groups, pie making and other demonstrations.

### **Corvette Family Resource Centre**

- Located in Corvette Public School in Scarborough, this Community Kitchen was started by Myrtle Henry, the Growing Healthy Together Coordinator at the Family Resource Centre, and current members are six mothers from the parent-child drop-in program.