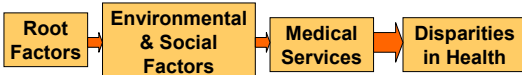


Public Policies to Address Factors that Impact Health Disparities

Ellen Wu, MPH
Executive Director

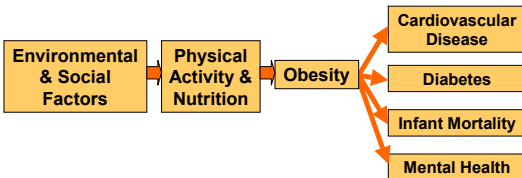


Critical Pathways to Health



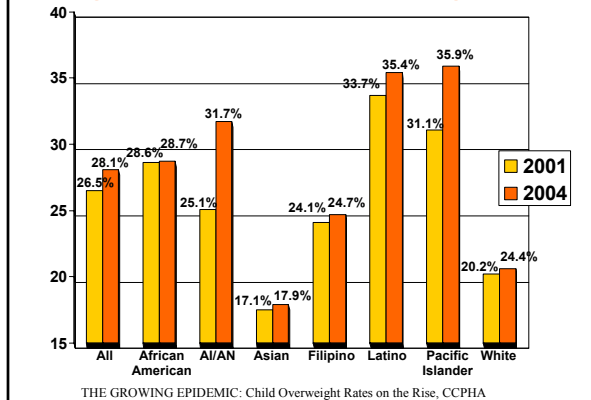
Health for All: Eliminating California's Racial and Ethnic Health Disparities, Prevention Institute

Relationship between Physical Activity and Health Issues



Health for All: Eliminating California's Racial and Ethnic Health Disparities, Prevention Institute

Change from 2001 to 2004 among Children



Overweight and Obese Adults by Race/Ethnicity

Race/Ethnicity	California	Alameda County
African American	65.6%	63.1%
Latino	65.9%	69.9%
Native American/Alaska Native	64.2%	57.5%*
Asian	32.6%	31.7%
White	53.9%	53.5%

* Statistically unstable

2003 California Health Interview Survey, *AsCHIS*

Past Legislation

- **SB 677 (Ortiz), California Childhood Obesity Prevention Act**
 - Prohibits sale of soda in elementary and junior high schools
 - Effective July 1, 2004
- **SB 12 (Escutia), School Food Nutrition**
 - Sets nutritional standards for food sold in schools
 - Effective July 1, 2007
- **SB 965 (Escutia), Pupil Nutrition: Beverages**
 - Prohibits sale of soda in high schools
 - Effective July 1, 2007 (50%) and July 1, 2009 (100%)

What You Can Do

- Spread the word
- Monitor compliance
- Share successes and challenges with implementation

Current Legislation

- **SB 1329 (Alquist), Healthy Foods Access Act of 2006**
 - Create development program to encourage sale of healthy foods in low-income neighborhoods
 - Senate Local Government Committee, April 5th
- **SB 362 (Torlakson), Physical Education**
 - Establish a fund to provide physical education training to teachers
 - No longer able to exempt pupils from physical education
 - In Assembly Committee on Education

What You Can Do

- Mobilize your constituents
- Write letter of support to authors and committee chairs
- Testify at committee hearings
- Call local representatives encouraging their support

Future Policy Ideas

- **Building a Healthy Community**
 - Requires the Office of Planning and Research to create a task force of public health experts to develop guidance regarding land use planning and development.
- **Advertising Prohibition in Schools**
 - Prohibit advertising of soda and non-nutritious foods in schools.
- **Partial Protection from Injury Liability**
 - Provide limited injury liability protection to improve the availability of and access to opportunities for physical activity.

What You Can Do

- Share your policy ideas with policymakers and advocates
- Study and disseminate information on need and feasibility of policy ideas
- Advocate for policy changes at local level, which will help inform state policy

Other Resources

- **Transportation and Land Use Coalition:**
www.transcoalition.org/reports/rb/rb_exec.html
- **UC Berkeley, Center for Weight and Health:**
www.cnr.berkeley.edu/cwh/activities/child_weight_coal.shtml
- **Healthy Silicon Valley:** www.healthysiliconvalley.org
- **California Center for Public Health Advocacy:**
www.publichealthadvocacy.org/
- **Strategic Alliance Promoting Healthy Foods and Activity Environments:** www.preventioninstitute.org/sa/
