

## Public Policies to Address Factors that Impact Health Disparities

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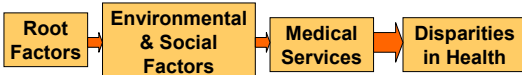
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## Critical Pathways to Health



Health for All: Eliminating California's Racial and Ethnic Health Disparities, Prevention Institute

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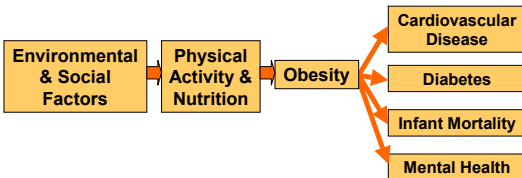
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## Relationship between Physical Activity and Health Issues



Health for All: Eliminating California's Racial and Ethnic Health Disparities, Prevention Institute

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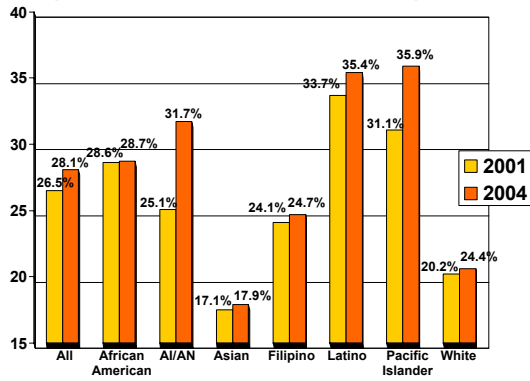
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### Change from 2001 to 2004 among Children



THE GROWING EPIDEMIC: Child Overweight Rates on the Rise. CCPHA

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### Overweight and Obese Adults by Race/Ethnicity

Race/Ethnicity	California	San Diego
African American	65.6%	63.8%
Latino	65.9%	63.6%
Native American/Alaska Native	64.2%	65.2%*
Asian	32.6%	31%*
White	53.9%	52.8%

\* Statistically unstable

2003 California Health Interview Survey, *AsCHIS*

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### Past Legislation

- **SB 677 (Ortiz), California Childhood Obesity Prevention Act**
  - Prohibits sale of soda in elementary and junior high schools
  - Effective July 1, 2004
- **SB 12 (Escutia), School Food Nutrition**
  - Sets nutritional standards for food sold in schools
  - Effective July 1, 2007
- **SB 965 (Escutia), Pupil Nutrition: Beverages**
  - Prohibits sale of soda in high schools
  - Effective July 1, 2007 (50%) and July 1, 2009 (100%)

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## What You Can Do

- Spread the word
- Monitor compliance
- Share successes and challenges with implementation

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## Current Legislation

- **SB 1329 (Alquist), Healthy Foods Access Act of 2006**
  - Create development program to encourage sale of healthy foods in low-income neighborhoods
  - Senate Local Government Committee, April 5<sup>th</sup>
- **SB 362 (Torlakson), Physical Education**
  - Establish a fund to provide physical education training to teachers
  - No longer able to exempt pupils from physical education
  - In Assembly Committee on Education

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## What You Can Do

- Mobilize your constituents
- Write letter of support to authors and committee chairs
- Testify at committee hearings
- Call local representatives encouraging their support

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## Future Policy Ideas

- **Building a Healthy Community**
  - Requires the Office of Planning and Research to create a task force of public health experts to develop guidance regarding land use planning and development.
- **Advertising Prohibition in Schools**
  - Prohibit advertising of soda and non-nutritious foods in schools.
- **Partial Protection from Injury Liability**
  - Provide limited injury liability protection to improve the availability of and access to opportunities for physical activity.

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## What You Can Do

- Share your policy ideas with policymakers and advocates
- Study and disseminate information on need and feasibility of policy ideas
- Advocate for policy changes at local level, which will help inform state policy

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## Other Resources

- **California Black Health Network, Sweet Heart Project:** [www.cbhn.org/Sweetheart/index.html](http://www.cbhn.org/Sweetheart/index.html)
- **Reduce or Eliminate Health Disparities Initiative (REHDI):** Konane Martinez (760) 750-3505
- **South Bay Partnership:** [www.paradisevalleyhospital.org/pages/YourHealth/southbay\\_partnership.html](http://www.paradisevalleyhospital.org/pages/YourHealth/southbay_partnership.html)
- **California Center for Public Health Advocacy:** [www.publichealthadvocacy.org/](http://www.publichealthadvocacy.org/)
- **Strategic Alliance Promoting Healthy Foods and Activity Environments:** [www.preventioninstitute.org/sa/](http://www.preventioninstitute.org/sa/)

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