

HEALTH PLAN	PHONE
ACCESS DENTAL	916-922-5000 ex 6013
AETNA DENTAL OF CALIF	800-253-1090
AETNA HEALTH OF CALIF	800-323-9930
ALAMEDA ALLIANCE FOR HEALTH	877-932-2738
AMERICA HEALTHGUARD CORP	800-727-6453
BLUE CROSS OF CALIFORNIA	800-333-0912
CALIFORNIA BENEFITS DENTAL PLAN	800-350-3999
CALIFORNIA DENTAL NETWORK INC.	877-433-6825
CALIFORNIA PHYSICIANS SERVICES	800-200-3242
CARE 1st HEALTH PLAN	800-605-2556
CAREMORE INSURANCE SERVICES INC	888-494-8280
CENTRAL HEALTH PLAN OF CALIFORNIA INC.	No public contact
CHINESE COMMUNITY HEALTH PLAN	415-397-3190
CIGNA BEHAVIORIAL HEALTH OF CALIFORNIA	800-753-0540
CIGNA DENTAL HEALTH OF CALIFONRIA INC	800-367-1037
CIGNA HEALTHCARE OF CALIFORNIA INC	800-344-0557
COMMUNITY DENTAL SERVICES	800-327-6453
CONSUMER HEALTH INC	800-497-6453
CONTRA COSTA COUNTY MEDICAL SERVICES	877-661-6230
COUNTY OF LOS ANGELES DEPT OF HEALTH SERVICES	800-475-5550
COUNTY OF VENTURA	805-677-8787
DEDICATED DENTAL SYSTEMS INC	805-397-5513
DELTA DENTAL PLAN OF CALIFORNIA	888-335-8227/800-765-6003
DENTAL BENEFIT PROVIDERS OF CALIFORNIA	415-391-1211
DENTAL HEALTH SERVICES	800-637-6453
EYEXAM OF CALIFORNIA INC	888-439-3392
FOR EYES VISION PLAN	800-454-3937
GE DENTAL AND VISION	800-333-9561
GOLDEN WEST HEALTH PLAN INC	800-995-4124
GREAT-WEST HEALTHCARE OF CALIFONRIA	818-539-9000
HEALTH NET OF CALIFORNIA	800-676-6976

INLAND EMPIRE HEALTH PLAN	800-440-4347
INTER VALLEY HEALTH PLAN	800-251-8191
KAISER EDUCATION HEALTH PLAN INC	800-464-4000
KERN HEALTH SYSTEMS INC	805-391-4000
LIBERTY DENTAL PLAN OF CALIFORNIA INC	888-703-6999
LOCAL INITIATIVE HEALTH AUTHORITY FOR LA COUNTY	888-452-2273
MANAGED HEALTH NETWORK	415-491-7200
MEDICAL EYE SERVICES INC	800-841-2790
MOLINA HEALTHCARE OF CALIF	888-665-4621
ORANGE PREVENTION & TREATMENT INTEGRATED MEDICAL ASSISTANCE	714-246-8400
PACIFIC UNION DENTAL INC	800-999-3357
PACIFICARE BEHAVIORAL HEALTH OF CALIFORNIA	800-992-5465
PACIFICARE DENTAL	800-228-3384
PACIFICARE OF CALIFORNIA	800-228-2144
PRIMECARE MEDICAL NETWORK	909-605-8000
PRIVATE MEDICAL CARE INC	800-801-7105
SAN JOAQUIN COUNTY HEALTH COMMISSION	800-932-7526
SAN MATEO HEALTH COMMISSION	800-750-4776
SANTA BARBARA REGIONAL HEALTH AUTHORITY	800-421-2560
SANTA CLARA COUNTY	408-885-4762
SANTA CLARA COUNTY HEALTH AUTHORITY	408-260-4490
SANTA CRUZ-MONTEREY MANAGED MEDICAL CARE COMMISSION	800-700-3874
SCAN HEALTH PLAN	800-559-3500
SCRIPPS CLINIC HEALTH PLAN SERVICES INC.	888-680-2273
SHARP HEALTH PLAN	800-359-2002
SPECTERA VISION SERVICES OF CALIFORNIA	310-242-6200
UCD DENTAL CALIFORNIA INC.	800-821-1294
UNITED CONCORDIA DENTAL PLANS OF CA	800-876-6432
UNIVERSAL CARE	562-424-6200
VALUE OPTIONS OF CALIFORNIA INC	800-854-4276

VISION FIRST EYE CARE INC.	408-923-0400
VISION PLAN OF AMERICA	213-834-2600
VISION SERVICE PLAN	800-622-7444
VISION CARE OF CALIFORNIA	800-454-4647
VISTA BEHAVIORIAL HEALTH PLANS	800-468-5667
VMC BEHAVIORIAL HEALTHCARE SERVICES	650-557-9864
WATTS HEALTH FOUNDATION INC	800-544-0088
WESTERN DENTAL SERVICES INC	800-992-3366
WESTERN HEALTH ADVANTAGE	916-563-3184