

Policy Strategies for Reducing Behavioral Health Disparities

December 6, 2018



CPEHN's local advocacy

STOCKTON REDUCING DISPARITIES PUBLIC HEARING

FATHERS & FAMILIES OF SAN JOAQUIN



Come join us in our journey towards healing for all!

Attendees will get an overview of how data and research can identify gaps & opportunities to improve the health and well-being of marginalized and vulnerable communities.

Through our innovative partnerships, we will be strategizing on how to amplify community-based efforts to move beyond trauma informed to a healing-centered approach in Stockton.

LITTLE MANILA



STOCKTON PRIDE



TUESDAY, DECEMBER 11, 2018
10:00 AM TO 3:00 PM
STOCKTON MASONIC TEMPLE
340 E. MARKET ST. STOCKTON, CA

FOR MORE INFORMATION CONTACT:
CDAVENPORT@FFSJ.ORG

OUR COMMUNITY PARTNERS











My Health LA Behavioral Health Workgroup



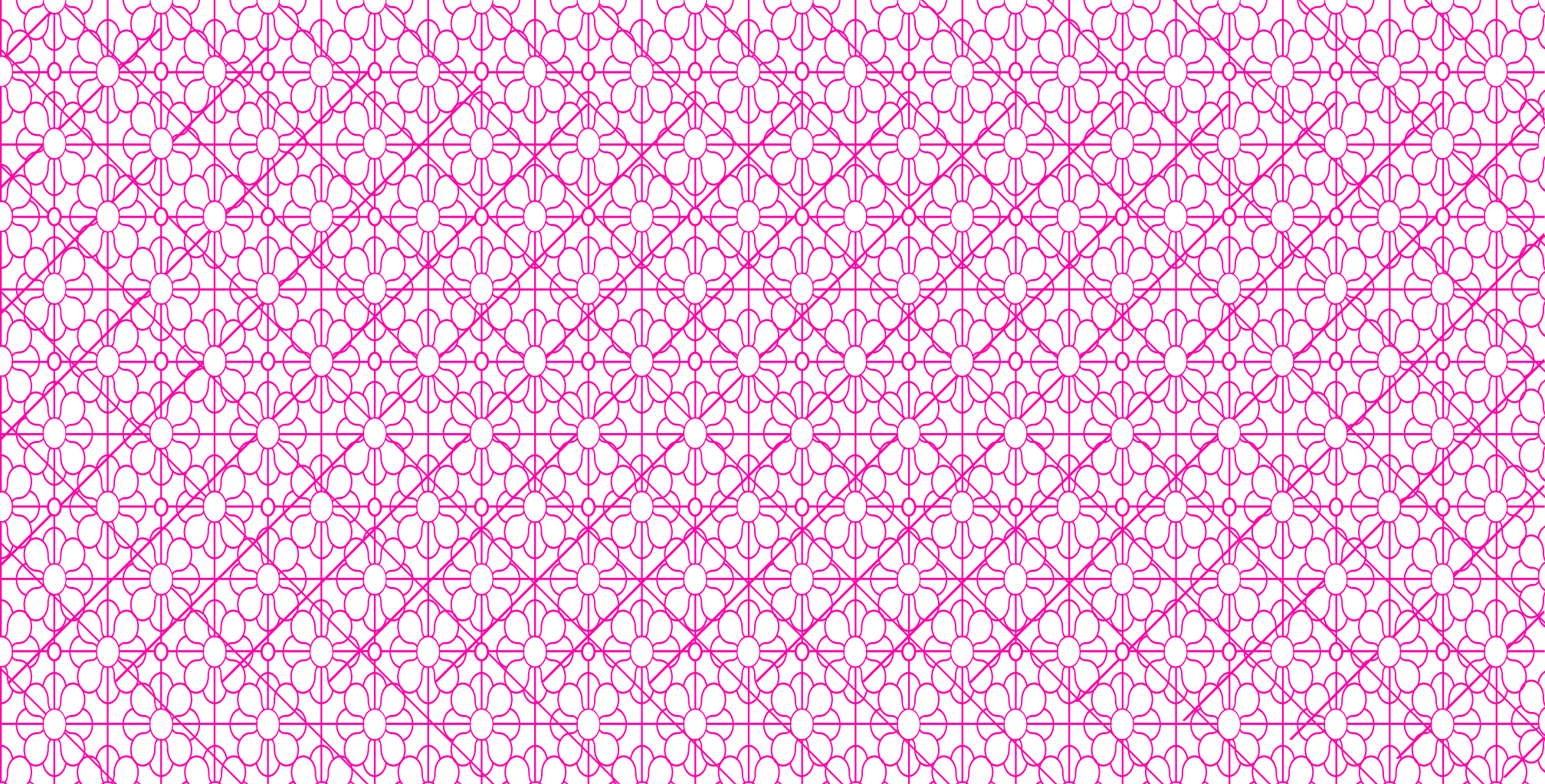
Listening Sessions

Stockton Reducing Disparities Public Hearing

CPEHN's Immigrant Mental Health Research

- Behavioral Health Equity Collaborative Priority
- Reviewed existing research.
- 12 counties were interviewed (13 total responses, Napa County was interviewed twice).
- 12 community-based organizations were interviewed (including 4 county mental health subcontractors).
- Conducted 4 listening sessions with advocates and community-based organizations across California.

Watch out for January 2019 publication!



Advocacy
Workshop



#Out4MentalHealth



**CALIFORNIA
LGBTQ**
HEALTH AND HUMAN
SERVICES **NETWORK**

&

NorCalMIHA
Mental Health America



WELLNESS • RECOVERY • RESILIENCE

MHSOAC
Mental Health Services
Oversight & Accountability Commission



Why do we do this work?

- LGBT youth are 2 to 3 times more likely to attempt suicide
- LGBT youth are more likely to be homeless.
- Lesbians are less likely to get preventive services for cancer.
- Gay men are at higher risk of HIV and other STDs, especially among communities of color.
- Transgender individuals have a high prevalence of HIV/STDs, victimization, mental health issues, and suicide and are less likely to have health insurance than heterosexual or LGB individuals.
- Elderly LGBT individuals face additional barriers to health because of isolation and a lack of social services and culturally competent providers.
- LGBT populations have the highest rates of tobacco, alcohol, and other drug use.

Health disparities are linked to societal stigma, discrimination, and denial of their civil and human rights. Discrimination against LGBT persons has been associated with high rates of psychiatric disorders, substance abuse, and suicide.

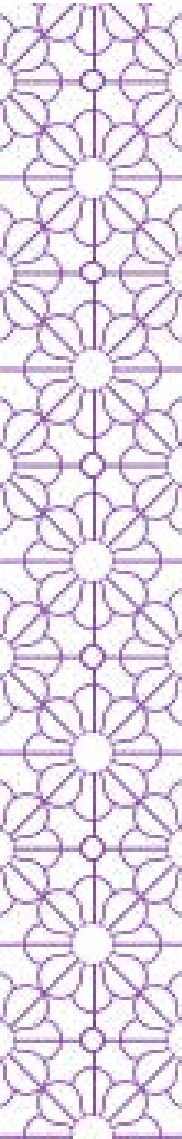
What are our rights to affirming care?

- Local Control Funding Formula – Parent and Community Involvement (CA)
 - Statute requires the inclusion of parents, including parents or legal guardians of targeted disadvantaged pupils in the planning and implementation of the LCFF.
 - Equity, Culture and Climate, Family and Community, Professional Development
- Mental Health Services Act - Cultural Competence (CA)
 - Equal access, appropriate interventions, addresses disparities, culturally specific services, trained providers, cultural understanding, and active strategies to engage diverse communities
- Affordable Care Act - Section 1557 (Federal)
 - First federal law to prohibit discrimination against LGBTQ people in the health system. The law contains explicit protections for transgender, gender nonconforming, non-binary, and intersex individuals as well as LGB people based on sex stereotyping.



Local Decision Makers

- MHSA Steering Committee
- Mental/Behavioral Health Board Representative(s)
- Drug and Alcohol Advisory Board
- Local School Boards
- Behavioral Health Department Director
- Board of Supervisors



How does the public mental health system work?

County

- *Regulations/Policies* - Board of Supervisors (advised by BH Boards, MHSA Committees, Alcohol and Drug Advisory Board, etc.), Director of the Department of Behavioral Health, School Boards, other local boards and commissions
- *Funding*
 - Receives federal and state Medicaid/Medi-Cal funds
 - Receives MHSA dollars,
 - Receives state realignment dollars
 - Some counties receive SAMHSA block grant monies
 - Some counties receive Medi-Cal Waiver program funds
 - Some counties have other revenue streams (local taxes, fees, etc.)

How does the public mental health system work?

State

- *Regulations/Policies* - legislation, executive branch (Governor, Health and Human Services Agency, MHSAOAC, Board of Education)
- *Funding*
 - Medi-Cal provides Medicaid matching dollars to counties (50% rate)
 - Uses and distributes MHSA dollars
 - Distributes SAMHSA block grants
 - Provides “realignment” dollars
 - Distributes “Medi-Cal Waiver” funding

How does the public mental health system work?

Federal

- *Regulations/Policies* - legislation, executive order, and judicial rulings, SAMHSA (advised by state BHPC)
- *Funding*
 - Medicaid provides “matching” dollars for Medi-Cal
 - Provides additional funding for Medicaid/Medicare waivers
 - Provides SAMHSA block grant

Where can I engage in the mental health planning process?

- **County**

- MHSA Steering Committee
- Mental Health Board
- Alcohol and Drug Advisory Board
- School District Boards
- Board of Supervisors

- **State**

- Mental Health Services Oversight and Accountability Commission (MHSOAC)
- California Behavioral Health Planning Council (BHPC)
- Department of Health Care Services Stakeholder Engagement
- Elected Representatives

- **Federal**

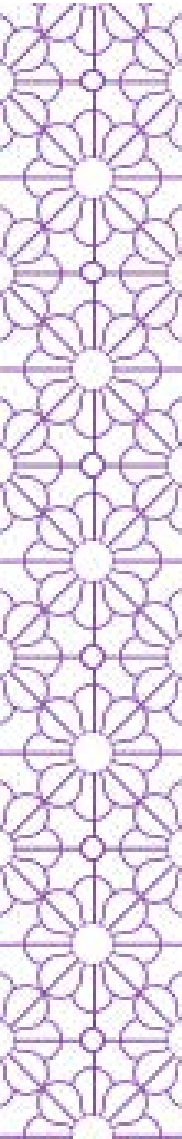
- Substance Abuse and Mental Health Services Administration (SAMHSA)
- Elected Representatives

Creating Change

What is one thing you would like to see changed? Be specific

Who has decision making power to make this change?

Where do you start advocating first?





Handouts

County Mental Health Boards and Commissions

How to Make Public Comment

#Out4MentalHealth Project Fact Sheet

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Thank you!

Questions, comments, confusion? Email me!

Mandy Taylor, MSW
mtaylor@health-access.org

Please Submit Public Charge Comments!

**Make sure your comments are submitted
before December 10, 2018.**

**The best way to comment is to go online to the federal public charge comment portal at regulations.gov. Click on
“comment now.”**

**Join the Protecting Immigrant Families National Campaign – Go to:
www.protectingimmigrantfamilies.org to learn about opportunities
to take action and the latest updates on policy.**

**You are also welcome to reach out to us directly -- contact Keerti
Kanchinadam at kkanchinadam@cpehn.org or 510-832-1160. .**

Thank you!
Questions?

